

MONROE/SKY VALLEY

SEPTEMBER 5– SEPTEMBER 30

GYMNASIUM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:00A–9:00A	OPEN GYM 5:00A–9:30 A	OPEN GYM 5:00A–9:00A	OPEN GYM 5:00A–11:00A	OPEN GYM 5:00A–9:00A	CLOSED	CLOSED
OPEN PICKLEBALL 7:00A–9:00A Side 2	Zumba 9:30–10:30 AM Side 2	OPEN PICKLEBALL 7:00A–9:00A Side 2	FAMILY GYM 11:00A–1:00P SIDE 1	OPEN PICKLEBALL 7:00A–9:00A Side 2		
9–11 Am Full GYM	FAMILY GYM 11:00A–1:00P SIDE 1	9–11 Am Full GYM		9–11 Am Full GYM	Open Gym 7am– 5 pm	PICKLEBALL 10:00A–12:00A
	PICKLEBALL Learn to Play 1230–2:30 SIDE 2		PICKLEBALL Learn to Play 1230–2:30 SIDE 2			
OPEN GYM 11:00A–4:30 pm		OPEN GYM 11:00A–4:30 PM	OPEN GYM 2:30–9PM	Open Gym 11 AM–9:00 PM		OPEN GYM 12:00A–5:00P
Volleyball practice 430–8:15 PM	OPEN GYM 2:30–9:00 PM	Volleyball Practice 430–8:00 PM			CLOSED	CLOSED
Open gym 8:15–9 pm		Open gym 8:00–9 pm				

To keep up-to-date with this schedule, please ask a Y Staff how to download our app!