



# Stanwood - Camano YMCA

# SEPTEMBER

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Pool Schedule - September 5 to September 30

## LAP POOL

Please see YMCA app for day to day schedule.

	Monday	Tuesday	Wednesday	Thursday****	Friday	Saturday
5 am		LAP SWIM (Shared Lanes) 5:15 - 5:30 AM		LAP SWIM (Shared Lanes) 5:15 - 5:30 AM		
6 am	LAP SWIM (Shared Lanes) 5:15 - 10 AM	MASTERS SWIM 5:30 - 6:30 AM	LAP SWIM (Shared Lanes) 5:15 - 10 AM	MASTERS SWIM 5:30 - 6:30 AM	LAP SWIM (Shared Lanes) 5:15 - 10 AM	
7 am	10 - 11 AM (2 lanes)	LAP SWIM (Shared Lanes) 5:30-6:30 AM (3 lanes)	10 - 11 AM (2 lanes)	LAP SWIM (Shared Lanes) 5:30-6:30 AM (3 lanes)	10 - 11 AM (2 lanes)	LAP SWIM (Shared Lanes) 7:15 - 7:30 AM
8 am		6:30 AM - 2:30 PM		6:30 AM - 2:30 PM		MASTERS SWIM 7:30 - 8:30 AM
9 am						
10 am	WATER FITNESS 10 - 11 AM (MAX OF 46)		WATER FITNESS 10 - 11 AM (MAX OF 46)		WATER FITNESS 10 - 11 AM (MAX OF 46)	LAP SWIM (Shared Lanes) 7:30 - 8:30 AM (3 lanes)
11 am	LAP SWIM (Shared Lanes) 10:15 AM - 4:45 PM	LAP SWIM (Shared Lanes) 11 AM - 12 PM	LAP SWIM (Shared Lanes) 11 AM - 12 PM	LAP SWIM (Shared Lanes) 11 AM - 12 PM	LAP SWIM (Shared Lanes) 11 AM - 12 PM	8:30 AM - 4:45 PM
Noon						
1 pm	SEPT 10 ONLY: LAP SWIM 10:15 AM - 1 PM					SEPT 23 ONLY: same schedule until 12 PM.
2 pm	WiBit SUNDAY 2 - 4 PM	STANWOOD HS SWIM TEAM 2:30 - 4:30 PM	STANWOOD HS SWIM TEAM 2:30 - 4:30 PM	STANWOOD HS SWIM TEAM* 2:30 - 4:30 PM *NOT SEPT 14	STANWOOD HS SWIM TEAM 2:30 - 4:30 PM	POOL CLOSED AT 12 PM for PSSA SWIM MEET 12 - 4 PM
3 pm						
4 pm		LAP SWIM (Shared Lanes) 4:30 - 5:30 PM (2 lanes)	LAP SWIM (Shared Lanes) 4:30 - 5:30 PM (2 lanes)	LAP SWIM (Shared Lanes) 4:30 - 5:30 PM (2 lanes)	LAP SWIM (Shared Lanes) 4:30 - 5:30 PM (1 lane)	
5 pm		LAP SWIM (Shared Lanes) 4:30 - 6 PM (5 lanes)	YMCA SWIM TEAM 4:30 - 7 PM	YMCA SWIM TEAM 4:30 - 7 PM	YMCA SWIM TEAM 4:30 - 7 PM	*No STANWOOD HS SWIM TEAM on SEPT 14. Lap Swim open from 2:30-4:30 PM that day.
6 pm		6 - 8:45 PM	LAP SWIM (Shared Lanes) 6:30-7 PM (2 lanes) 7-8:45 PM	LAP SWIM (Shared Lanes) 6:30-7PM (3 lanes) 7-8:45 PM	LAP SWIM (Shared Lanes) 6:30-7PM (2 lanes) 7-8:45PM	
7 pm						
8 pm						

## RECREATION POOL

	Sunday	Monday	Tuesday	Wednesday	Thursday****	Friday	Saturday
7 am	**** THURSDAYS: HOT TUB CLOSED 6 AM - 11 AM FOR WEEKLY CLEANING		WATER FITNESS 7:30 - 8:30 AM (MAX OF 25)		WATER FITNESS 7:30 - 8:30 AM (MAX OF 25)		
8 am		WATER WALKING 8:15 - 10 AM 11 AM - 12 PM		WATER WALKING 8:15 - 10 AM 11 AM - 12 PM		WATER WALKING 8:15 - 10 AM	
9 am			WATER WALKING 8:30 AM - 12 PM		WATER WALKING 8:30 AM - 12 PM		SWIM LESSONS 8:30 AM - 12 PM
10 am	FAMILY SWIM 10:15 AM - 4:45 PM	POOL CLOSED 10 - 11 AM		POOL CLOSED 10 - 11 AM		POOL CLOSED 10 - 11 AM	
11 am		SWIM LESSONS 11 AM - 12:30 PM		SWIM LESSONS 11 AM - 12:30 PM		WATER WALKING 11 AM - 12 PM	
Noon	BEACH SWIM 11 AM - 4:45 PM	FAMILY SWIM & BEACH SWIM 12 - 1 PM		FAMILY SWIM & BEACH SWIM 12 - 1 PM		FAMILY SWIM & BEACH SWIM 12 - 1 PM	FAMILY SWIM & BEACH SWIM** 12 - 4:45 PM **NOT SEPT 23
1 pm		WATER FITNESS 1 - 2 PM (MAX OF 25)	POOL CLOSED 12 - 3:30 PM	WATER FITNESS 1 - 2 PM (MAX OF 25)	POOL CLOSED 12 - 3:30 PM	WATER FITNESS 1 - 2 PM (MAX OF 25)	
2 pm		POOL CLOSED 2 - 3:30 PM		POOL CLOSED 2 - 3:30 PM		POOL CLOSED 2 - 3:30 PM	
3 pm							
4 pm		SWIM LESSONS 3:30 - 7:05 PM	SWIM LESSONS 3:30 - 6:30 PM	SWIM LESSONS 3:30 - 7:05 PM	SWIM LESSONS 3:30 - 6:30 PM	FAMILY SWIM 3:30 - 8:45 PM	**REC POOL CLOSED AT 12 PM ON SEPT 23 FOR PSSA SWIM MEET
5 pm							
6 pm		FAMILY SWIM 6 - 8:45 PM	FAMILY SWIM 6 - 8:45 PM	FAMILY SWIM 6 - 8:45 PM	FAMILY SWIM 6 - 8:45 PM	BEACH SWIM 6:30 - 7:45 PM	
7 pm		BEACH SWIM 6:30 - 7:45 PM	BEACH SWIM 6:30 - 7:45 PM	BEACH SWIM 6:30 - 7:45 PM	BEACH SWIM 6:30 - 7:45 PM		
8 pm							