

GYMNASIUM

SEPTEMBER 18 - 24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	OPEN GYM*		OPEN GYM*				
6 am	OPEN GYM*		OPEN GYM*				
7 am	PICKLE BALL 7-9 am West Gym	OPEN GYM*	PICKLE BALL 7-9 am West Gym	OPEN GYM*	OPEN GYM*	OPEN GYM*	
8 am							
9 am							
10 am	FOREVER FIT 10-11:15 am	CHAIR YOGA 10-11:15 am	FOREVER FIT 10-11:15 am	CHAIR YOGA 10-11:15 am	FOREVER FIT 10-11:15 am		OPEN GYM*
11 am	ADULT BASKETBALL	PICKLE BALL	ADULT BASKETBALL	PICKLE BALL	ADULT BASKETBALL	OPEN GYM*	
Noon	11:15am-1:30pm	11:15am- 1:30pm	11:15am-1:30pm	11:15am- 1:30pm	11:15am-1:30pm		PICKLE BALL Noon-2pm West Gym
1 pm						OPEN GYM* EAST GYM	FAMILY GYM
2 pm	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*		2:00 - 5:00pm West Gym
3 pm						OPEN GYM*	
4 pm		YOUTH SPORTS VOLLEYBALL		YOUTH SPORTS VOLLEYBALL			
5 pm					OPEN GYM*		
6 pm	OPEN GYM*	4:00 -9 pm		4:00 -9 pm			
7 pm			ADULT VOLLEYBALL 7-9 pm West Gym		OPEN GYM*		
8 pm							

*The gym is open anytime there is no activity on the schedule.

**For the safety of youth and smaller children, Youth & Family Gym is space reserved for youth 14 and under, or families playing together.