

MAY

Pool Schedule - MAY 22 to MAY 27 PROJECTS WEEK

Please see YMCA app for day to day schedule.

LAP POOL

| | Sunday | Tuesday | Wednesday | Thursday**** | Friday | Saturday |
|-------|---|--|---|---|---|--|
| 5 am | | LAP SWIM (Shared Lanes) 5:15 AM - 12 PM | LAP SWIM (Shared Lanes) 5:15 AM - 2:30 PM | LAP SWIM (Shared Lanes) 5:15 AM - 12 PM | LAP SWIM (Shared Lanes) 5:15 AM - 2:30 PM | |
| 6 am | | | | | | |
| 7 am | | | | | | |
| 8 am | | | | | | |
| 9 am | | | | | | |
| 10 am | | WATER FITNESS 10 - 11 AM (MAX OF 46) | | WATER FITNESS 10 - 11 AM (MAX OF 46) | | LAP SWIM (Shared Lanes) 7:15 AM - 4:45 PM |
| 11 am | | | | | | |
| Noon | | POOL CLOSED 12 - 2:30 PM | | POOL CLOSED 12 - 2:30 PM | POOL CLOSED 5:15 AM - 8:45 PM | |
| 1 pm | | | | | | |
| 2 pm | LAP SWIM (Shared Lanes) 10:15 AM - 4:45 PM | | LAP SWIM (Shared Lanes) 2:30 - 4:30 PM | LAP SWIM (Shared Lanes) 2:30 - 4:30 PM | | |
| 3 pm | | LAP SWIM (Shared Lanes) 2:30 - 8:45 PM | LAP SWIM (Shared Lanes) 2:30 - 4:30 PM | LAP SWIM (Shared Lanes) 2:30 - 4:30 PM | | |
| 4 pm | | | LAP SWIM (Shared Lanes) 4:30 - 5:30 (1 lane) 6:30 - 7 (3 lanes) | LAP SWIM (Shared Lanes) 4:30 - 5:30 (1 lane) 6:30 - 7 (3 lanes) | LAP SWIM (Shared Lanes) 4:30 - 5:30 (1 lane) 6:30 - 7 (3 lanes) | |
| 5 pm | | | YMCA SWIM TEAM 4:30 - 7 PM | YMCA SWIM TEAM 4:30 - 7 PM | | |
| 6 pm | | | | | | |
| 7 pm | | | LAP SWIM (Shared Lanes) 7 - 8:45 PM | LAP SWIM (Shared Lanes) 7 - 8:45 PM | | |
| 8 pm | | | | | | |

RECREATION POOL

| | Sunday | Monday | Tuesday | Wednesday | Thursday**** | Friday | Saturday |
|-------|---|---|--|---|--|----------------------------------|--|
| 7 am | | | WATER FITNESS 7:30 - 8:30 AM (MAX OF 25) | | WATER FITNESS 7:30 - 8:30 AM (MAX OF 25) | | |
| 8 am | | WATER WALKING 8:15 - 10 AM | WATER WALKING 8:30 AM - 12 PM | WATER WALKING 8:15 - 10 AM | WATER WALKING 8:30 AM - 12 PM | | |
| 9 am | | POOL CLOSED 10 - 11 AM | | POOL CLOSED 10 - 11 AM | | | |
| 10 am | | WATER WALKING & SWIM LESSONS 11 AM - 12 PM | | WATER WALKING & SWIM LESSONS 11 AM - 12 PM | | | SWIM LESSONS 9:15 AM - 12 PM |
| 11 am | | | | | | | |
| Noon | FAMILY SWIM & BEACH SWIM 10:15 AM - 4:45 PM | FAMILY SWIM & BEACH SWIM 12 - 1 PM | | FAMILY SWIM & BEACH SWIM 12 - 1 PM | | POOL CLOSED 5:15 AM - 8:45 PM | FAMILY SWIM & BEACH SWIM 12 - 4:45 PM |
| 1 pm | | WATER FITNESS 1 - 2 PM (MAX OF 46) | POOL CLOSED 12 - 3:30 PM | WATER FITNESS 1 - 2 PM (MAX OF 46) | POOL CLOSED 12 - 3:30 PM | | |
| 2 pm | | FAMILY SWIM** 2 - 3:30 PM MAY 29 ONLY: 2-2:45 PM | | FAMILY SWIM 2 - 3:30 PM | | | |
| 3 pm | | | | | | | |
| 4 pm | | SWIM LESSONS 3:30 - 6 PM | SWIM LESSONS 3:30 - 6 PM | SWIM LESSONS 3:30 - 6 PM | SWIM LESSONS 3:30 - 6 PM | | |
| 5 pm | | | | | | | |
| 6 pm | **** THURSDAY: HOT TUB CLOSED ALL DAY, MAY 25 | FAMILY SWIM 6 - 8:45 PM | FAMILY SWIM 6 - 8:45 PM | FAMILY SWIM 6 - 8:45 PM | FAMILY SWIM 6 - 8:45 PM | | |
| 7 pm | | BEACH SWIM 6:30 - 7:45 PM | BEACH SWIM 6:30 - 7:45 PM | BEACH SWIM 6:30 - 7:45 PM | BEACH SWIM 6:30 - 7:45 PM | | |
| 8 pm | | | | | | | |