

MARCH

Gym Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am							
6 am	Open Gym		Open Gym	Open Gym			
7 am		Open Gym				Open Gym	
8 am					Open Gym		
9 am	OPEN PICKLEBALL 8:30-10:30 am	TOT TIME 9:30-10:30 am Y Staff	OPEN PICKLEBALL 8:30-10:30 am	OPEN PICKLEBALL 8:30-10:30 am		YOUTH SPORTS 8 am-5 pm	
10 am							
11 am	AOA FOREVER FIT 11 am-Noon Anneke	ZUMBA GOLD 11 am-Noon Debbie	AOA FOREVER FIT 11 am-Noon Anneke	ZUMBA GOLD 11 am-Noon Debbie	AOA FOREVER FIT 11 am-Noon Maria		
12 pm							
1 pm	OPEN PICKLEBALL 12:30-2:30 pm	OPEN PICKLEBALL 12:30-2:30 pm	OPEN PICKLEBALL 12:30-2:30 pm	OPEN PICKLEBALL 12:30-2:30 pm			
2 pm					Open Gym		Open Gym
3 pm	Open Gym	Open Gym	Open Gym	Open Gym			
4 pm							
5 pm							
6 pm	YOUTH SPORTS 4-9 pm	YOUTH SPORTS 4-9 pm	YOUTH SPORTS 4-9 pm	YOUTH SPORTS 4-9 pm	YOUTH SPORTS 4-9 pm	SATURDAY, MARCH 25 11 am-3 pm	
7 pm						Join us for the Youth Sports Gear Exchange	
8 pm							

The gym is open for Open Gym / Family Gym any time there is not a scheduled activity. Please allow up to 15 minutes for set up & clean up for scheduled classes/programs.

DROP IN CLASSES/ACTIVITIES

PRE-REGISTRATION REQUIRED