

POOL SCHEDULE

January

SHALLOW AREA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5 am	OPEN SWIM 5:15 - 7:30 am		OPEN SWIM 5:15 - 7:30 am		OPEN SWIM 5:15 - 7:30 am			
6 am	OPEN SWIM 5:15 - 8:45 am		WATER FITNESS 7:30 - 8:15 am		WATER FITNESS 7:30 - 8:15 am			
7 am			WATER FITNESS 7:30 - 8:15 am		OPEN SWIM 5:15 - 8:45 am			OPEN SWIM 7:15 - 8:45 am
8 am	OPEN SWIM 8:15 - 9:00 am		OPEN SWIM 8:15 - 9:00 am		OPEN SWIM 8:15 am-3:30 pm			
9 am	SWIM LESSONS 9:00 am - 12:00 pm	OPEN SWIM 9:00 am - 12:00 pm	SWIM LESSONS 9:00 am - 12:00 pm	OPEN SWIM 9:00 am - 12:00 pm			SWIM LESSONS 9:00 am - 12:00 pm	
10 am	OPEN SWIM 12:00 pm - 3:30 pm		WATER FITNESS 1:30 - 2:15 pm				WATER FITNESS 1:30 - 2:15 pm	
11 am			WATER FITNESS 1:30 - 2:15 pm				OPEN SWIM 2:30 - 3:30 pm	
Noon	OPEN SWIM 12:00 pm - 1:30 pm		OPEN SWIM 12:00 pm - 1:30 pm		SWIM LESSONS 12:00 - 1:15 pm		FAMILY SWIM 10:15 am-4:45 pm	
1 pm	WATER FITNESS 1:30 - 2:15 pm		WATER FITNESS 1:30 - 2:15 pm		FAMILY SWIM 12:00 - 2:00 pm			
2 pm	OPEN SWIM 2:30 - 3:30 pm		OPEN SWIM 2:30 - 3:30 pm		OPEN SWIM 2:00 - 4:45 pm			
3 pm	SWIM LESSONS 3:30 - 7:00 pm		SWIM LESSONS 3:30 - 7:00 pm		SWIM LESSONS 3:30 - 7:00 pm			
4 pm	SWIM LESSONS 3:30 - 7:00 pm		SWIM LESSONS 3:30 - 7:00 pm		SWIM LESSONS 3:30 - 7:00 pm			
5 pm	SWIM LESSONS 3:30 - 7:00 pm		SWIM LESSONS 3:30 - 7:00 pm		SWIM LESSONS 3:30 - 7:00 pm			
6 pm	SWIM LESSONS 3:30 - 7:00 pm		SWIM LESSONS 3:30 - 7:00 pm		SWIM LESSONS 3:30 - 7:00 pm			
7 pm	FAMILY SWIM* 7:00 - 8:45 pm		FAMILY SWIM* 7:00 - 8:45 pm		FAMILY SWIM* 7:00 - 8:45 pm			
8 pm	FAMILY SWIM* 7:00 - 8:45 pm		FAMILY SWIM* 7:00 - 8:45 pm		FAMILY SWIM* 7:00 - 8:45 pm			

Open Swim: The shallow area is open for recreational use for our members, come splash around!

Family Swim: Open Swim plus the slide is open for use! All children must pass either the YELLOW, GREEN or WHITE swim test to use the slide. Please see lifeguards for full set of requirements to safely use the slide.

*Slide will close at 8:30 pm on Evening Family Swims.

LAP LANE AREA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	LAP SWIM 5:15 - 7:15 am (4 Lanes)		LAP SWIM 5:15 - 7:15 am (4 Lanes)				
6 am	LAP SWIM 5:15 am - 9:45 am (4 Lanes)		LAP SWIM 7:15 - 8:15 am		LAP SWIM 5:15 am - 9:45 am (4 Lanes)		
7 am			LAP SWIM 7:15 - 8:15 am (1 Lane)		LAP SWIM 8:15 am - 9:45 am (4 Lanes)		
8 am	LAP SWIM 8:15 am - 9:45 am (4 Lanes)		LAP SWIM 9:45 am - 12:00 pm (1 - 4 Lanes)		LAP SWIM** 7:15 - 9:00 am (1 Lane)		
9 am	LAP SWIM 9:45 am - 12:00 pm (1 - 4 Lanes)		LAP SWIM 9:45 am - 12:00 pm (1 - 4 Lanes)		LAP SWIM 9:00 am - 1:15 pm (2 - 4 Lanes)		LAP SWIM 10:15 am - 4:45 pm (4 Lanes)
10 am	LAP SWIM 12:00 pm - 3:30 pm (4 Lanes)		LAP SWIM 12:00 pm - 3:30 pm (4 Lanes)		LAP SWIM 1:15 - 4:45 pm (4 Lanes)		
11 am	LAP SWIM 12:00 pm - 3:30 pm (4 Lanes)		LAP SWIM 12:00 pm - 3:30 pm (4 Lanes)		LAP SWIM 1:15 - 4:45 pm (4 Lanes)		
Noon	LAP SWIM 12:00 pm - 3:30 pm (4 Lanes)		LAP SWIM 12:00 pm - 3:30 pm (4 Lanes)		LAP SWIM 1:15 - 4:45 pm (4 Lanes)		
1 pm	LAP SWIM 12:00 pm - 3:30 pm (4 Lanes)		LAP SWIM 12:00 pm - 3:30 pm (4 Lanes)		LAP SWIM 1:15 - 4:45 pm (4 Lanes)		
2 pm	LAP SWIM 2:15-3:30 pm (4 Lanes)		LAP SWIM 2:15-3:30 pm (4 Lanes)		LAP SWIM 2:15-3:30 pm (4 Lanes)		
3 pm	LAP SWIM** 3:30-5 pm (1 Lane)		LAP SWIM** 3:30-5 pm (1 Lane)		LAP SWIM** 3:30-5 pm (1 Lane)		
4 pm	LAP SWIM** 3:30-5 pm (1 Lane)		LAP SWIM** 3:30-5 pm (1 Lane)		LAP SWIM** 3:30-5 pm (1 Lane)		
5 pm	SWIM LESSONS & SWIM TEAM 3:30 - 7:45 pm		SWIM LESSONS & SWIM TEAM 3:30 - 7:45 pm		SWIM LESSONS & SWIM TEAM 3:30 - 7:45 pm		
6 pm	LAP SWIM** 3:30 - 7 pm (1 Lane)		LAP SWIM** 3:30 - 7 pm (1 Lane)		LAP SWIM** 3:30 - 7 pm (1 Lane)		
7 pm	NO LAP SWIM 7-7:30 pm		NO LAP SWIM 7-7:30 pm		NO LAP SWIM 7-7:30 pm		
8 pm	LAP SWIM 7:30-8:45 pm (2-4 Lanes)		LAP SWIM 7:30-8:45 pm (2-4 Lanes)		LAP SWIM 7:30-8:45 pm (2-4 Lanes)		

**Lap Swim: The Mill Creek YMCA Barracudas Swim Team practices during these times. Lap Swim is expected to be limited.