

# POOL SCHEDULE

\*Effective October 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am							
6 am	LAP SWIM 5:15 - 7:30 AM	LAP SWIM 5:15 - 7:30 AM	LAP SWIM 5:15 - 7:30 AM		LAP SWIM 5:15 - 7:30 AM	LAP SWIM 7:15-8 AM	
7 am							
8 am	WATER FITNESS 7:30-8:30 AM (1 LANE AVAILABLE)	WATER FITNESS 7:30-8:30 AM (1 LANE AVAILABLE)	WATER FITNESS 7:30-8:30 AM (1 LANE AVAILABLE)		WATER FITNESS 7:30-8:30 AM (1 LANE AVAILABLE)	ADAPTIVE SWIM 8-9 AM (NO LANES AVAILABLE)	
9 am				LAP SWIM 5:15 AM - 1PM			
10 am		LAP SWIM 8:30 AM - 1PM				SWIM LESSONS 9 AM -Noon (NO LANES AVAILABLE)	
11 am							
Noon	FAMILY SWIM 8:30 AM - 4 PM (3 LANES AVAILABLE)		FAMILY SWIM 8:30 AM - 4 PM (3 LANES AVAILABLE)		FAMILY SWIM 8:30 AM - 4 PM (3 LANES AVAILABLE)		
1 pm							FAMILY SWIM 10 AM -4:45 PM (3 LANES AVAILABLE)
2 pm		FAMILY SWIM 1PM-4 PM (3 LANES AVAILABLE)		FAMILY SWIM 1PM-4 PM (3 LANES AVAILABLE)		FAMILY SWIM 12 PM -4:45 PM (3 LANES AVAILABLE)	
3 pm							
4 pm					ISLAND SETUP TIME 4-5 PM (POOL CLOSED)		
5 pm	SWIM LESSONS 4 - 7 PM (1 LANE AVAILABLE)	SWIM LESSONS 4 - 7 PM (1 LANE AVAILABLE)	SWIM LESSONS 4 - 7 PM (1 LANE AVAILABLE)	SWIM LESSONS 4 - 7 PM (1 LANE AVAILABLE)	MUK ISLAND! 5 AM - 7 PM		
6 pm							
7 pm	SWIM TEAM 7-8 PM (NO LANES AVAILABLE)	SWIM TEAM 7-8 PM (NO LANES AVAILABLE)	SWIM TEAM 7-8 PM (NO LANES AVAILABLE)	SWIM TEAM 7-8 PM (NO LANES AVAILABLE)	ISLAND TEAR DOWN TIME 7-8 PM (POOL CLOSED)		
8 pm	FAMILY SWIM 8-8:45PM (3 LANES AVAILABLE)	FAMILY SWIM 8-8:45PM (3 LANES AVAILABLE)	FAMILY SWIM 8-8:45PM (3 LANES AVAILABLE)	FAMILY SWIM 8-8:45PM (3 LANES AVAILABLE)	FAMILY SWIM 8-8:45PM (3 LANES AVAILABLE)		

Swim Lessons and Swim Team require registration.