

# NOVEMBER 20-27

## Gym Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am							
6 am	Open Gym		Open Gym				
7 am		Open Gym					
8 am					Open Gym	Open Gym	
9 am	<b>OPEN PICKLEBALL</b> 8:30-10:30 am		<b>OPEN PICKLEBALL</b> 8:30-10:30 am				
10 am		<b>TOT TIME</b> 9:30-10:30 am Y Staff					
11 am	<b>AOA FOREVER FIT</b> 11 am-Noon Anneke	<b>ZUMBA GOLD</b> 11 am-Noon Debbie	<b>AOA FOREVER FIT</b> 11 am-Noon Anneke		<b>AOA FOREVER FIT</b> 11 am-Noon Maria		
12 pm				<b>YMCA CLOSED ON NOVEMBER 24 (Thanksgiving)</b>		<b>YOUTH SPORTS</b> 8 am-5 pm	
1 pm	<b>OPEN PICKLEBALL</b> 12:30-2:30 pm	<b>OPEN PICKLEBALL</b> 12:30-2:30 pm					Open Gym
2 pm					Open Gym		
3 pm							
4 pm							
5 pm	Open Gym	Open Gym	Open Gym				
6 pm							
7 pm							
8 pm							

The gym is open for Open Gym / Family Gym any time there is not a scheduled activity. Please allow up to 15 minutes for set up & clean up for scheduled classes/programs.

**DROP IN CLASSES/ACTIVITIES**

**PRE-REGISTRATION REQUIRED**