

# NOVEMBER 28- DECEMBER 18

## Gym Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am							
6 am	Open Gym		Open Gym	Open Gym			
7 am		Open Gym				Open Gym	
8 am					Open Gym		
9 am	<b>OPEN PICKLEBALL</b> 8:30-10:30 am	<b>TOT TIME</b> 9:30-10:30 am Y Staff	<b>OPEN PICKLEBALL</b> 8:30-10:30 am	<b>OPEN PICKLEBALL</b> 8:30-10:30 am		<b>YOUTH SPORTS</b> 8 am-5 pm	
10 am							
11 am	<b>AOA FOREVER FIT</b> 11 am-Noon Anneke	<b>ZUMBA GOLD</b> 11 am-Noon Debbie	<b>AOA FOREVER FIT</b> 11 am-Noon Anneke	<b>ZUMBA GOLD</b> 11 am-Noon Debbie	<b>AOA FOREVER FIT</b> 11 am-Noon Maria		
12 pm							
1 pm	<b>OPEN PICKLEBALL</b> 12:30-2:30 pm	<b>OPEN PICKLEBALL</b> 12:30-2:30 pm	<b>OPEN PICKLEBALL</b> 12:30-2:30 pm	<b>OPEN PICKLEBALL</b> 12:30-2:30 pm			Open Gym
2 pm					Open Gym		
3 pm		Open Gym	Open Gym	Open Gym			
4 pm	Open Gym						
5 pm							
6 pm	<b>YOUTH SPORTS</b> 5-9 pm	<b>YOUTH SPORTS</b> 4-9 pm	<b>YOUTH SPORTS</b> 4-9 pm	<b>YOUTH SPORTS</b> 4-9 pm	<b>YOUTH SPORTS</b> 4-9 pm		
7 pm							
8 pm							

The gym is open for Open Gym / Family Gym any time there is not a scheduled activity. Please allow up to 15 minutes for set up & clean up for scheduled classes/programs.

**DROP IN CLASSES/ACTIVITIES**

**PRE-REGISTRATION REQUIRED**

# DECEMBER 19-24

## Gym Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am							
6 am							
7 am		Open Gym					
8 am	Open Gym		Open Gym	Open Gym	Open Gym		
9 am							
10 am		<b>TOT TIME</b> 9:30-10:30 am Y Staff				Open Gym	
11 am	<b>AOA FOREVER FIT</b> 11 am-Noon Anneke	<b>ZUMBA GOLD</b> 11 am-Noon Debbie	<b>AOA FOREVER FIT</b> 11 am-Noon Anneke	<b>ZUMBA GOLD</b> 11 am-Noon Debbie	<b>AOA FOREVER FIT</b> 11 am-Noon Maria		
12 pm							
1 pm	<b>OPEN PICKLEBALL</b> 12:30-2:30 pm		<b>OPEN PICKLEBALL</b> 12:30-2:30 pm				
2 pm							
3 pm							
4 pm		Open Gym		Open Gym	Open Gym		
5 pm							
6 pm	Open Gym		Open Gym				
7 pm							
8 pm							

The gym is open for Open Gym / Family Gym any time there is not a scheduled activity. Please allow up to 15 minutes for set up & clean up for scheduled classes/programs.

**DROP IN CLASSES/ACTIVITIES**

**PRE-REGISTRATION REQUIRED**