

SEPTEMBER 6-11

Gym Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am							
6 am							
7 am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
8 am							
9 am							
10 am	PRESCHOOL 9:30-10:30 am Y Staff	TOT TIME 9:30-10:30 am Y Staff	PRESCHOOL 9:30-10:30 am Y Staff	PRESCHOOL 9:30-10:30 am Y Staff	PRESCHOOL 9:30-10:30 am Y Staff		
11 am	AOA FOREVER FIT 11 am-Noon Anneke	ZUMBA GOLD 11 am-Noon Debbie	AOA FOREVER FIT 11 am-Noon Anneke	ZUMBA GOLD 11 am-Noon Debbie	AOA FOREVER FIT 11 am-Noon Maria	Open Gym	
12 pm							
1 pm	OPEN PICKLEBALL 12:30-2:30 pm		OPEN PICKLEBALL 12:30-2:30 pm				
2 pm							Open Gym
3 pm							
4 pm		Open Gym		Open Gym	Open Gym		
5 pm	Open Gym		Open Gym				
6 pm							
7 pm							
8 pm							

The gym is open for Open Gym / Family Gym any time there is not a scheduled activity. Please allow up to 15 minutes for set up & clean up for scheduled classes/programs.

DROP IN CLASSES/ACTIVITIES

PRE-REGISTRATION REQUIRED

SEPTEMBER 12-30

Gym Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am							
6 am							
7 am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
8 am							
9 am							
10 am	PRESCHOOL 9:30-10:30 am Y Staff	TOT TIME 9:30-10:30 am Y Staff	PRESCHOOL 9:30-10:30 am Y Staff	PRESCHOOL 9:30-10:30 am Y Staff	PRESCHOOL 9:30-10:30 am Y Staff		
11 am	AOA FOREVER FIT 11 am-Noon Anneke	ZUMBA GOLD 11 am-Noon Debbie	AOA FOREVER FIT 11 am-Noon Anneke	ZUMBA GOLD 11 am-Noon Debbie	AOA FOREVER FIT 11 am-Noon Maria	Open Gym	
12 pm							
1 pm	OPEN PICKLEBALL 12:30-2:30 pm		OPEN PICKLEBALL 12:30-2:30 pm				
2 pm		Open Gym					Open Gym
3 pm							
4 pm	Open Gym		Open Gym	Open Gym	Open Gym		
5 pm	OPEN VOLLEYBALL 5-6 pm		OPEN VOLLEYBALL 5-6 pm				
6 pm	YOUTH SPORTS 5-8 pm	YOUTH SPORTS 5-8 pm	YOUTH SPORTS 5-8 pm				
7 pm							
8 pm	Open Gym	Open Gym	Open Gym				

The gym is open for Open Gym / Family Gym any time there is not a scheduled activity. Please allow up to 15 minutes for set up & clean up for scheduled classes/programs.

DROP IN CLASSES/ACTIVITIES

PRE-REGISTRATION REQUIRED