## AUGUST
Pool Schedule - Effective August 1st to September 3rd

### LAP POOL

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 am</td>
<td>6 am</td>
<td>7 am</td>
<td>8 am</td>
<td>9 am</td>
<td>10 am</td>
<td>11 am</td>
</tr>
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<td></td>
<td></td>
</tr>
<tr>
<td>2:30 pm - 4:30 pm during SHS Swim Team</td>
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<td>2:30 pm - 4:30 pm during SHS Swim Team</td>
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</tbody>
</table>

### RECREATION POOL

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 am</td>
<td>8 am</td>
<td>9 am</td>
<td>10 am</td>
<td>11 am</td>
<td>12:15 pm</td>
<td>1 pm</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>12:15 pm</td>
</tr>
<tr>
<td>7:30 am - 9:15 am</td>
<td>7:30 am - 9:15 am</td>
<td>7:30 am - 9:15 am</td>
<td>7:30 am - 9:15 am</td>
<td>7:30 am - 9:15 am</td>
<td>7:30 am - 9:15 am</td>
<td>7:30 am - 9:15 am</td>
</tr>
<tr>
<td>On Aug 29: 7:30 am - 12:00 pm</td>
<td>On Aug 29: 7:30 am - 12:00 pm</td>
<td>On Aug 29: 7:30 am - 12:00 pm</td>
<td>On Aug 29: 7:30 am - 12:00 pm</td>
<td>On Aug 29: 7:30 am - 12:00 pm</td>
<td>On Aug 6 only</td>
<td>1:00 am - 3:45 pm</td>
</tr>
</tbody>
</table>

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*No lesson Aug 29

### Notes:
- **SHS SWIM TEAM** during SHS Swim
- **YMCA SWIM TEAM**
- **WATER WALKING** (MAX OF 25)
- **WATER WALKING** (MAX OF 45)
- **WATER WALKING** (MAX OF 50)
- **FAMILY AND BEACH SWIM**
- **FAMILY AND BEACH SWIM** (MAX OF 45)
- **FAMILY AND BEACH SWIM** (MAX OF 50)

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*No lesson Aug 30

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*No lesson Sept 1

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*No lesson Sept 3

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*No camp Sept 2

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*No practice 8/31

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*No practice 9/1

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*No lap swim

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*No lap swim

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*No practice 9/2

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*No lesson Sept 3