

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am							
6 am							
7 am	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	
8 am							
9 am							
10 am	FOREVER FIT 10-11:15 am	CHAIR YOGA 10-11:15 am	FOREVER FIT 10-11:15 am	CHAIR YOGA 10-11:15 am	FOREVER FIT 10-11:15 am		
11 am							
	ADULT BASKET BALL	PICKLE BALL	ADULT BASKET BALL	PICKLE BALL	ADULT BASKET BALL		
Noon	11:30am-1pm	11:15am-1:15pm	11:30am-1pm	11:15am-1:15pm	11:30am-1pm		
1 pm						OPEN GYM* West Gym	FAMILY GYM** East Gym
2 pm	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*		
3 pm							
4 pm							
5 pm		OPEN VOLLEY BALL 4:30-6 pm					
6 pm							
7 pm							

# GYMNASIUM

June 20-26

\*The gym is open anytime there is no activity on the schedule.

\*\*For the safety of youth and smaller children, Youth & Family Gym is space reserved for youth 14 and under, or families playing together.