

Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	LAP SWIM/ WATER WALK- ING 5:15-7:30 am	LAP SWIM/ WATER WALKING 5:15-8 am	LAP SWIM/ WATER WALK- ING 5:15-7:30 am	LAP SWIM/ WATER WALK- ING 5:15-8 am	LAP SWIM/ WATER WALK- ING 5:15-7:30 am		
6 am							
7 am	WATER FITNESS 7:30 am-8:15 am		WATER FITNESS 7:30 am-8:15 am		WATER FITNESS 7:30 am-8:15 am	LAP SWIM/ OPEN SWIM 7:15am-	
8 am							
9 am							LAP SWIM/ OPEN SWIM 12:00 pm-3:45 pm
10 am						SWIM LESSONS 9:00am-	
11 am	LAP SWIM/ OPEN SWIM 8:15 am-3:40 pm		LAP SWIM/ OPEN SWIM 8:15 am-3:45 pm		LAP SWIM/ OPEN SWIM 8:15 am-7:45 pm		
Noon		WATER FITNESS 12:45-1:30 pm		WATER FITNESS 12:45-1:30 pm			
1 pm							
2 pm		LAP SWIM/ OPEN SWIM 1:30-3:45 pm		LAP SWIM/ OPEN SWIM 1:30-3:45 pm			
3 pm							
4 pm	SWIM LESSONS 4:00pm-6:45 pm	SWIM LESSONS 4:00 pm-6:45 pm	SWIM LESSONS 4:00 pm-6:15pm	SWIM LESSONS 4:00 pm-6:45 pm	SWIM TEAM 4:00-6:00pm All Lanes		
5 pm							
6 pm	SWIM TEAM 6:15-7:15 pm	SWIM TEAM 6:15-7:15 pm		SWIM TEAM 6:15-7:15 pm			
7 pm	LAP SWIM/ OPEN SWIM 7:15-7:45 pm	LAP SWIM/ OPEN SWIM 7:15-7:45 pm	LAP SWIM/ OPEN SWIM 6:15-7:45 pm	LAP SWIM/ OPEN SWIM 7:15-7:45 pm			