Teams will place a goalie and 2 defenders on one side of the field and to offensive players on the other side. These players must stay on their 1/2 of the field at all times. Once the ball crosses the mid line, the other group of kids can play. (4 v 4 w/ goalie)

This is going take some getting used to, but this is the only way we can keep the 5 kids per area restrictions work for soccer. If needed, we can make changes to this to make it work for the teams after week one.

Options:  
3 v 3 w/ goalie. One player per team must stay back on defense.
2 vs 2 w/ goalie. All player may cover the entire field.

There are actually benefits for the kids for this version.

- Kids will get more touches on the ball to improve confidence and skill.
- It will keep kids from bunching up and to spread out to improve field vision and awareness.
- Kids will be in smaller groups which will improve communication and teamwork as they work to score or clear the ball out of the back half.

The most important rule in YMCA Sports is to have FUN. Rules in our league are designed to teach the basics of the sport while allowing each child to feel like a part of a team. We will teach the basics of kicking, dribbling, shooting, passing….plus having fun and making new friends. These rules are a guide for these age groups. If coaches would like to play the game with any changes to these rules, you can agree to the change before the game.

GAME RULES –

- First and most important rule….HAVE FUN, you and the kids!!!
- 4 v 4 plus a goalie. If 5 players are not available, teams will play 3v3 w/goalie or 2v2 w/goalie (see above)
- The goalie cannot touch the ball outside the goal area.
- No player can enter the goal area when the goalie has the ball.
- If a player uses his or her hands, a free kick is given to the other team from the spot, or a safe spot near infraction.
- 18- minute running clock half’s. Subs are allowed anytime during a stoppage. 4-minute break at half.
- One team kicks off to open the game; other team opens the 2nd half.
- After a GOAL, coaches reset game at mid-field. Other team has 1st kick at mid-field.
- Players should rotate to every position. Everyone plays goalie during the season.
- When the ball goes out of bounds, play is restarted with a throw in.
- Coaches need to stay off the field during the game.
- BALANCE RULE- If one team is ahead by more than 3 goals (even though we don’t keep score), an extra player is added to the game on defense. If the team that is behind gets under a 3-goal deficit, that player must be removed.
- No slide tackling at ANY TIME!!!
- There are no off sides.
- A coach, parent or sibling will referee soccer games. The job of the referee is to ensure fair and safe play. The things which need to be called are: a) out of bounds (the ball must be completely over the line to be out) b) tripping, pushing - there is no requirement that these things must be intentional. c) Intentional handling of the ball (hand ball)
- Home team will time the game.

Please clear the fields immediately after your game so the next teams can warm up**
PARENTS/SPECTATORS MUST BE MASKED AND SOCIALLY DISTANCED ON THIS SIDE ONLY

TEAM ‘A’ BENCH

TEAM ‘B’ BENCH

4 v 4 w/goalie

GOALIE - Team A

DEFENSE - (Team A)

FORWARD - (Team B)

DEFENSE

FORWARD - (Team A)

DEFENSE - (Team B)

GOALIE - Team B