



WHO'S WATCHING ME?

REINFORCES

Pool Rules

AGE

8 & under

EQUIPMENT

- ✓ Real items used by lifeguards (e.g., a whistle, swimsuit, etc.)
- ✓ Silly items (e.g., construction hat, sword, tool belt, fake cell phone, magazine, etc.)

DIRECTIONS

SETUP

Display a mix of both real items used by lifeguards and silly items. Ask for a volunteer.

TO PLAY

Have the volunteer put on or hold the items, one at a time. Ask the other group members to give a thumbs up or thumbs down after each item is added to indicate whether the item helps the person actively supervise people in a pool (thumbs up) or could distract them (thumbs down).

THE TAKEAWAY

Active supervision is essential to keeping people safe in the water. Never swim without a lifeguard or adult actively supervising the water.