Dear Parent/Guardian:

Thank you for choosing to send your camper to YMCA Summer Camp.

At the Y, we believe that every child deserves the opportunity to discover who they are and what they can achieve. As the nation’s leading nonprofit organization, we are committed to strengthening communities through youth development, healthy living, and social responsibility.

That’s why, through summer camp at the YMCA of Snohomish County, youth are building the values, skills, and relationships that lead to positive behaviors, better health, and educational achievement.

With a variety of summer programs for campers ranging in age from preschool through high school, the YMCA offers campers more than just a safe, fun summer experience. It’s a place where children will grow, meet new friends, and experience new things. Trained camp counselors work with all campers to build character, instill values, and develop skills for life.

To make a difference in the life of every camper, our camp staff has adopted three summer camper goals:

• Every camper will make a new friend.
• Every camper will form a positive relationship with a caring staff member.
• Every camper will be given the opportunity to try new experiences and challenge her/himself to grow in spirit, mind, and body.

We know that friends, camp counselors, and new experiences are essential for an impactful camp experience, and our camp counselors work hard to ensure all campers have the opportunity to achieve these goals. If there’s anything we can do to make your camper’s experience better, please don’t hesitate to contact our camp staff.

Please take a few minutes to read our camp policies, as they provide important information you need to know and may answer many of your questions. Feel free to call us if you have any further questions.

See you at camp!

Scott Washburn
President/CEO
YMCA of Snohomish County
PARENT INVOLVEMENT

VOLUNTEERING
Parents/guardians are encouraged to volunteer at camp on a one-time or part-time basis. If you are interested, please contact your Camp Director to obtain a YMCA Volunteer Application.

EVALUATIONS
You may be asked to fill out a brief quality satisfaction questionnaire during the summer months. We appreciate your assistance with this process as it helps us identify areas where we are doing well and areas that need improvement.

GENERAL CAMP INFORMATION & POLICIES

TRANSPORTATION
Transportation to and from the camp locations and field trips will be provided in YMCA vehicles or Durham school buses. YMCA vehicles have regular safety checks and are equipped with seat belts, a fire extinguisher, first aid kit, and spare tire. Durham school buses are regularly maintained by Durham and are driven by certified school bus drivers who conduct a daily bus safety check. All drivers are selected for their safe driving record, have insurance, receive driver training, and are required to have first aid and CPR training. Our drivers are equipped with cell phones. However, they are not able to answer the phone while driving. Please leave a message.

PERMISSION TO PHOTOGRAPH AND USE ARTWORK
Camp staff will be taking pictures throughout the summer. Pictures and artwork are often used in YMCA program brochures, end of the year slide shows, bulletin boards, and other promotional materials. If you have a concern about having your camper’s picture taken or used for promotional materials, please note that on your registration form and inform the staff verbally.

INCLUSION POLICY
The YMCA of Snohomish County welcomes campers without regard to race, religion, color, gender, national origin, sexual orientation, or reasonably accommodated disabilities.

Families are asked to identify any health concerns or special needs their camper may have when registering so that both the Y and the family can determine together what accommodations each camper may need to be successfully included.

Summer camp programs may explore various religious traditions. As in all of the activities, campers may choose to participate at their own or parent/guardian discretion.

BEHAVIOR GUIDANCE POLICY
The YMCA of Snohomish County policy is based upon developmentally appropriate practices and the core values of caring, honesty, respect, and responsibility. These values will be consistently encouraged at camp.

Please read to your camper their responsibilities as listed below.

CAMPER RESPONSIBILITIES
• I will respect others and myself
• I will respect YMCA equipment and property
• I will remain with a camp staff member at all times, unless given permission
• I will assist YMCA staff with tasks and activities if asked
• I will try to maintain a positive attitude
• I will speak for myself, and not others
• I understand that the use of violence, weapons, tobacco, drugs, and alcohol are strictly prohibited from Y Camp.

CONSEQUENCES
If the camper’s behavior is not acceptable, YMCA staff generally follow these steps:
• Reasoning and negotiation (discussing problem with the camper)
• Removal from specific activity
• Meeting with parent/guardian, counselor, and camper
• Behavior contract
• One day suspension from the program (payment still required)
• Removal from program

TECH-FREE ZONE
YMCA Camp Directors recognize that kids need time away from technology to build friendships, explore the outside world, and experience new adventures. Each YMCA Camp is a “Tech-Free Zone” in which we ask campers not to bring cell phones, portable music or video players, or video games. Campers may bring cameras, as long as they are not paired with cell phone or texting technology. In the event that campers need a cell phone before or after camp, camp staff may provide a safe, secure location where cell phones can be stored during camp hours.
HEALTH AND SAFETY POLICIES

CAMPER LUNCHES AND NUTRITION

The YMCA is committed to partnering with parents to help all kids grow up healthy and strong. Research indicates that healthy eating in childhood is important for proper growth and development, and if kids are taught at a young age to embrace a healthy lifestyle, these habits will become a lifelong practice.

Please join us in keeping our campers healthy and active. As you prepare lunch for your camper, pack healthy, non-perishable, ready to eat items. Because of our active schedule, refrigeration and heating is not available. If you do need to keep an item cold, we suggest packing it with a frozen 100% juice box/pouch.

A healthy lunch is likely to contain at least one item from each of the following categories. Refer to the enclosed “Healthy Lunch Ideas” to get you started.

- Protein: Meat, poultry, fish, egg, cheese, peanut butter, or cooked dried peas or beans
- Fruits and Veggies: Two vegetables / one vegetable and one fruit / or two fruits
- Whole Grains: Cereal, whole grain, or enriched bread products

ILLNESS

If your camper has any of the following symptoms they will not be accepted into camp. If they develop these symptoms during the day we will require a parent or guardian to pick-up the camper from the program.

- Fever of 100 degrees F. or higher
- Vomiting on 2 or more occasions within the past 24 hours
- Draining rash
- Diarrhea – 3 or more watery stools in a 24-hour period
- Too tired or sick to participate in daily activities
- Severe coughing or sneezing
- Eye discharge or pink eye
- Lice or nits
- Severe coughing or sneezing

If your camper feels ill during the camp day and cannot participate in the program, he/she will be given a quiet place to rest and you will be notified. At the joint discretion of parent/guardian and Camp Director, your camper may be cared for during a minor illness.

Campers who have a fever or any contagious illness will not be allowed to remain at camp. You will be asked to pick up your camper. Parents/Guardians will be notified if there is an instance of a communicable disease at camp.

MEDICATION MANAGEMENT

Parent/guardian must complete a “Medication Treatment Form” in order for prescription and over-the-counter medication to be administered to your camper during camp.

YMCA staff is not authorized to administer prescription medication without the written authorization from the parent or guardian. Any medication brought to the site must be in its original container and clearly labeled with camper’s name and given to the camp director. This medication will be stored in an inaccessible container and administered with documentation by an authorized staff member.

Non-prescription medication will be administered as specified on the manufacturer’s label unless prescribed otherwise by a physician. The following medications may be given with written parent/guardian consent, only at the dose, duration, and method of administration specified on the manufacturer’s label as provided by parent/guardian.

- Antihistamines, decongestants, non-aspirin fever reducers, pain relievers
- Non-narcotic cough suppressants
- Acetaminophen
- Ibuprofen
- Bug repellent
- Sunscreen

EMERGENCY PROCEDURES

In the Camp Reservation & Safety Information Form, parents/guardians provide the YMCA permission to seek medical attention for the camper in the event of an emergency. Parents/guardians are required to update the YMCA immediately on any change of home, work, emergency, and medical phone numbers.

The YMCA has guidelines for emergency situations that you can review upon request. In case of an evacuation emergency such as fire, bomb threat, or gas leak, campers will be kept in the nearest safe area and parents will be contacted to pick up their camper. In case of confinement to the facility, parents or an emergency contact will be called as soon as possible and informed of procedures. In the event of a catastrophic disaster and all phone lines are down, we will make every attempt to contact our out-of area contact at the Spokane YMCA: 1 509 838 3577. You can then contact them for information.

IN CASE OF AN ACCIDENT

- A staff member will carry out immediate first aid and/or call 911. All camp staff are trained in first aid and CPR.
- A staff member will contact the parents/guardians as soon as reasonably possible.
BABY-SITTING POLICY
YMCA staff may not baby-sit program participants outside of YMCA programs.

CHILD ABUSE PREVENTION POLICY
The YMCA staff shall protect the camper in care from child abuse, neglect, or exploitation, as required under chapter 26.44 RCW. A copy of the YMCA of Snohomish County Child Abuse Prevention Policy is available at your local YMCA. Corporal punishment will not be permitted on the camp premises by anyone including parents and staff. This includes biting, jerking, shaking, slapping, hitting, kicking, verbal, or any other means of inflicting pain. As YMCA staff we are mandated to report any suspicion of child abuse.

CAMPER PICK UP/UNSAFE CONDITION OF A PARENT
The YMCA respects the rights of parents/guardians to access their own camper. However, if YMCA staff feel a parent is in an unsafe condition to drive or otherwise leave with their camper (such as under the influence of drugs or alcohol), the YMCA staff may suggest that the parent or the Y staff call the other parent, a friend or relative, or a cab. The YMCA staff may also call 911 for assistance and to report the incident.

INSURANCE
Because the YMCA does not provide accident or health insurance for its members, it is the responsibility of the parents or guardians to provide coverage for campers enrolled in our programs.

ANONYMOUS INCIDENT REPORTING
The YMCA of Snohomish County Code of Conduct requires trustees, volunteers, and employees to observe high standards of business and personal ethics in the conduct of their duties and responsibilities. Employees and representatives of the YMCA of Snohomish County must practice honesty and integrity in fulfilling their responsibilities and comply with all applicable laws and regulations. In addition, all YMCA employees receive training in recognizing, reporting, and preventing child abuse. Parents or guardians of children in our YMCA youth programs (child care, youth sports, aquatics, teen activities, summer camp, child watch), may anonymously report questionable or improper employee behavior at www.mysafeworkplace.com. All reports of improper business standards or questionable personal ethics or behavior will be investigated promptly.

FINANCIAL INFORMATION

PAYMENT INFORMATION
Camp fee balances must be paid when due to ensure your child a space in camp. The balance of your camp fee, less your original deposit, is due two weeks before the start of your camper’s scheduled session, unless otherwise stated in this brochure. After the due date, all unpaid balances will be viewed as cancellations, and your camper will be removed from the camp roster and a “wait listed” camper will be notified of the available space. Once a child is dropped from the program, the original deposit will be forfeited. Methods of accepted payment are Visa, MasterCard, American Express, Discover, personal check, money order or cash (please do not send cash in the mail). All camp fees are due and must be received by the YMCA according to the Billing Schedule. If you’ve reserved your camp session(s) online, your credit card will be billed automatically according to the billing schedule.

REFUND POLICY
Camp fees may be refunded on a per session basis, less the deposit, with one week’s prior notice only in the event of illness or family emergency. All refunds will be processed and mailed within two weeks of notification.

BILLING SCHEDULE (FEES WILL BE PRORATED FOR THESE WEEKS. CAMP START/END DATES VARY BY BRANCH, SCHOOL DISTRICT, AND CAMP.)

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<tr>
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<td>June 20-24</td>
<td>June 6</td>
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<td>2</td>
<td>June 27-July 1</td>
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<td>July 5-8*</td>
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<td>11</td>
<td>August 29-September 1</td>
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*No camp July 4, fee prorated for shortened week.